

Ohio Clinic Based Internships

Barberton Citizens Hospital

155 5th St. N.E.
Barberton, OH 44203-3398
(330) 745-1611
Cardiac Rehab Direct 330-848-7852

Blanchard Valley Hospital

145 West Wallace
Findlay, OH 45840
419-423-4500
Natasha Rettig, 419-423-5153
www.bvha.org

Cleveland Clinic Foundation

Desk A42
9500 Euccio Ave.
Cleveland, OH 44195
Gordon Blackburn Ph.D., 216-444-8300
www.ccf.org

Cleveland Clinic is a large multidisciplinary, urban tertiary care hospital. The department of Cardiology had been ranked number one in the nation for the past four years. The Cardiac Rehabilitation program has both inpatient and outpatient facilities. Over 4,000 patients are treated annually in Phase I, and 11,000 GXTs are conducted per year. Up to 60 patients can be seen daily in Phase II and III. The Cardiac Rehabilitation program is part of the Section of Preventative Cardiology and incorporates aggressive risk stratification and risk reduction strategies as part of each patients care plan. This is a six month internship, and preference is given to masters students.

East Liverpool City Hospital

425 W. 5th St.
East Liverpool, OH 43920
330-385-7200
Marcia Walls, Auxillary Coordinator, 330-386-2978
mwalls@elch.org, www.elch.org

Fairfield Medical Center

401 N. Ewing St.
Lancaster, OH 43130
Teresa Weiner /
or Misty Russel, 740-687-8174 or 8175
Attn: Cardio-Pulmonary Fitness
Fairfield Medical Center provides a multitude of experiences for graduate and undergraduate students. This internship main goal is to prepare the participant for the exercise specialist certification required by the American College of Sports Medicine. You will receive

experience in the following areas cardiac rehabilitation phases 2-4, adult fitness, exercise prescription and grades exercise testing.

Genesis Health Care System

2951 Maple Ave.
Zanesville, OH 43701
Mary Kitzig x4086
740-454-5000

Grant Fitness Center

340 E. Town St., 9th Floor
Columbus, OH 43215
Tony Omlor 1-614-566-8923, until October 2003
After October 2003, contact Tami Garwick
www.ohiohealth.com

Life Center plus Health and Fitness Center

5133 Darrow Rd.
Hudson, OH 44236
Jan Rubins, 330-655-2377

Medical College of Ohio

3120 Glendale Avenue
Toledo, OH 43615
Dr. Dallyan T. Badenhop, 419-383-3697

The clinical programs and services offered at the Center for Heart Science at the Medical College of Ohio are comprehensive and reflect a wide variety of diagnostic and therapeutic tools available to the clinician for patient care. The cardiac rehabilitation program evaluates patients who have been treated for cardiac disease and teaches both inpatients and outpatients how to adopt a healthy lifestyle and how to manage stress. The interns will participate in all aspects of the cardiac rehabilitation program, including exercise leadership, prescription, nutrition, stress management, and patient education. By the end of the program the interns should have accumulated the necessary clinical hours to qualify for certification through ACSM. Offered during the summer, must e-mail to request information and apply for internship, send email to dbadenhop@mco.edu.

McConnel Heart Health Center

3773 Olentangy River Rd.
Columbus, OH 43214-3646
Mike Hyek 614-566-4050 or Cindy Martin 614-566-3839
www.ohiohealth.com

Memorial Hospital of Union County - Cardiac Rehab

500 London Ave.

Marysville, OH 43040

Debra Stubbs, (937) 578-2581, memorialhosp.org

Cardiac and Pulmonary Rehab, adult physical fitness and employee physical fitness programs, including...exercise Rx, assessments, and monitoring patients.

Miami Valley Hospital

Sports Medicine Center

Clayborn Satellite

1525 E. Stroop Rd.

Kettering OH 45429

Kara Bonney, 937-208-2111

North Canton Mercy Health Center -Health/Fitness

6200 Wripple Ave. N.W.

North Canton, OH 44709

Eldon Jones, 330-966-8997

North Canton Mercy Health Center provides experiences in cardiac rehabilitation phase 3 & 4, biometrics weight management programs, and wellness program. These include exercise testing and prescription, body composition assessment, heart rate and blood pressure determination, and program promotion.

Novacare Outpatient Rehabilitation

6021 Cleveland Ave.

Columbus, OH 43231

Susan Lerch, (614) 895-1090

Ohio Physical Therapy And Sports Medicine Inc.

29001 Cedar Rd.

Lyndhurst, OH 44124

One to One University Hospital Fitness Center

UCRC #2, Room 105

11001 Cedar Rd.

Cleveland, OH 44106

(216) 844-7635

O. R. S., Inc.

67 S. Terrace Ave.

Newark, OH 43055

(614) 522-3160

Physical Therapy Consultive Services

1223 Neil Ave.

Columbus, OH 43201

Patrick Mahoney, (614) 291 - 6255

Progressive Rehabilitation

6924 Springvalley Drive Suite 110
Holland, OH 43528
Burton Rogers

Southern Ohio Medical Center- LIFE Center

Portsmouth, OH 45662

Barry Rodbell- Program Director, 740-356-7349, Fax: 740-353-1238, E-mail:
rodbellb@somc.org

The SOMC LIFE Center is a 75,000-sq. ft. medical based fitness and rehabilitation facility. Internships are available for undergraduate and graduate students and are built around the needs of each student. Interns will perform fitness evaluations and exercise testing/prescriptions, perform health risk appraisals and counseling, attend and participate in pulmonary, cardiac rehabilitation, and Phase III rehabilitation sessions. Also, available is participation in Industrial rehabilitation and transitional work programs, aquatic and hydrotherapy programs, assist in diabetes management programs, and being involved in a LIFE Center project.

Sportmed

1313 Olentangy River Rd.
Columbus, OH 43212
Carol Brooker

Sports Medicine Specialists of Akron City Hospital

55 Arch St.
Akron, OH 44304
330-375-3000
Jim Rosneck, Director x4473

St. Elizabeth Cardiac Health Center

1044 Belmont Ave., P.O. Box 1790
Youngstown OH 44501
330-480-2332, Cardiac Rehab

St. John and West Shore Hospital

29000 Center Ridge Rd.
Westlake OH 44145
440-835-8000
Keith Porchetta, Director of Rehab Services
440-827-5300

The OSU Center for Wellness and Prevention

2050 Kenny Road Suite 1010
Columbus OH 43221
Cardiac Rehab
Trish Neel, 614-293-2807
Cardiac Rehab 614-293-2808

The Community Hospital - Cardiac Rehab

1911 E. High St.
Springfield, OH 45505
Mike Larson, (513) 325-1155

The Center for Wellness and Prevention

2050 Kenny Rd.
Columbus, OH 43221
(614)293.7863
Cardiac Rehabilitation

The Ohio State University - Dept. Of Exercise Physiology

337 W. 17 Ave.
Columbus, OH 43210
Dr. Timothy Kirby, (614) 292-0664
Phase I,II,&III Cardiac Rehabilitation

Ohio Non-Clinic Based Internships**Accelrate Ohio Inc.**

1405 Dublin Rd.
Columbus, OH 43215
614-487-0050
4351 Dale Drive
Dublin, OH 43017
614-734-3278
Rob Rhodes

Athletic performance enhancement training facility. Interns will be involved in performance training of athletes, including... EMG, blood chemistry analysis, and cinematography studies.

American Electric Power

1 Riverside Plaza
Columbus OH 43215
Mandy Jones (614) 790-3117

A T & T Fitness Center

221 E. 4th St., 2nd Floor
Cincinnati, OH 45202
Kendal Cox, (513) 629-8024

Bally's Scandinavian

1290 W. Old Henderson Rd.
Columbus, OH 43220
(614) 326-2080

Batelle

505 King Avenue
Columbus, OH 43201
Bob Pfahler, (614) 424-4330

BP America, Inc.

Jim Jadallah, MS Program Director
200 Public Square 4-2505-E
Cleveland, OH 44114-2375
Phone: 216-526-8756, Fax: 216-586-5755

BP America, Inc. Health and Fitness Center offers internships to undergraduate and graduate students in health and physical education, exercise physiology, community health, corporate fitness and/or nutrition education. The Fitness Center is now operated independently by Phase 5 Wellness, Inc. Interested students should presently be enrolled in degree programs in exercise science, physical education, adult fitness, health education or related fields. Responsibilities include fitness testing and exercise prescription, orientation, consultation and floor supervision. Other duties may include the development and promotion of special events, i.e., Health Fairs, Employee Health and /Fitness Day, Cleveland Corporate Challenge etc... Depending on experience, students may also develop and present health education seminars, behavior modification classes and employee fitness programs. Students would be working with ACSM certified professionals with training at the Master's level of education. Positions are available throughout the year and generally run from three to four months.

Bethesda Corporate Health Preventative Systems

630 E. River St.
Elyria, OH 44035
(216) 329-7512

Buckeye Gymnastics

558 Charring Cross Dr.
Westerville, OH 43080
(614) 895-2023

Capital Club

41 S. High St.
Columbus, OH 43215
Jim Franklin, (614) 228-0645
Fitness Center

Center for Well Being

3111 Hayden Run Rd.
Columbus OH 43235
Barb Rauch (614) 889-8193

Cincinnati Sports Club & Fitness Club

3950 Red Bank Road
Cincinnati, OH 45227-3408
513-527-4000
Tim Adkins, 513-527-4001 x 219
Exercise prescription, programs, general fitness.

Club Management Inc.

655 Metro Place South
Dublin, OH 43017
Gary Richards

Columbia Gas

101 W. Town St.
Columbus OH 43215
Rich Lash/Nancy Henry (614) 460-6390

Columbus Crew

One Black and Gold Blvd.
Columbus, OH 43221
Craig Devine, 614-432-2436
For athletic trainers only, they do not offer exercise phys or science internships

CompuServe Interactive Services

5000 Arlington Centre Blvd.
Columbus, OH 43220
Jeremy Rycus, 614-538-3535
CompuServe 14,000 square foot corporate fitness facility contains racquetball/wallyball courts, basketball court, free weight room, and cardiovascular fitness room. Associated programs include aerobics and personal training.

Columbus Fitness Consultants

Lane Avenue
Upper Arlington, OH 43221
Julie Lieber-McCloud, (614)488.3308
Personal training, program implementation and wellness programs..

Continental Athletic Club

6124 Busch Blvd.
Columbus, OH 43229
Barb Fanning

Core Materials Corp. (CMC)

800 Manor Park Dr.
Columbus, OH 43228
Ed Blohm, (614)870-5035, fax: (614)870-4067

EPA Wellness Center

26 W. Martin Luther King Dr.
Cincinnati, OH 45014
Laura Pruitt, (513)569-7199

Fitness Resources

41 S. High Street
Columbus, OH 43215
Jim Franklin (614) 228-0645

Friendship Village of Columbus

Steven T. Devor, Ph.D., (614)688.8436, devor.3@osu.edu
An experience combining gerontology, exercise program design, leadership, and personal training. Stipend of \$500/quarter.

Healthy Outlook Worldwide, Inc.

4889 Sinclair Rd., Suite 115
Columbus, OH 43229
(614)430-8050, fax: (614)430-8052

Holzer Clinic Occupational Health, Sports Medicine

4th and Sycamore
Gallipolis, OH 45631
John Cunningham

Honda of America, Mfg Inc. Watson Wellness Center

24000 Honda Parkway
Marysville, OH 43040
Laura Russo, 937-645-8777, Fax: 937-645-8379, E-mail: emplymnt@honmfg.com
Honda of America Mfg Inc.- |Anna Associate Center
12500 Meranda Rd.
Anna, OH 45302
Casey Kirk, 937-498-5798 x3684

The main purpose of the field-experience program is to provide students with opportunities to gain meaningful work experience, exposure to Honda, and a personal growth experience through the support of a mentor. Student responsibilities will include performing fitness assessments, designing exercise programs based on client needs, orient new clients to fitness equipment, provide personal training to new clients, monitor client program progress and provide feedback, and assist with Wellness Center special events/youth programs. Honda has a Co-op program that requires two sessions of work and pay is dependent upon the budget.

Jewish Community Center

6455 Sylvania Ave.
Sylvania, OH 43560
Scott Pillarelli, 419-724-0311
419-885-4485

L&T Health and Fitness

Recruiter for: Ohio, Illinois, Indiana

7309 Arlington Boulevard, Suite 202, Falls Church, VA 22042

Contact Person: Jackie Iwanski

Phone/email: 440-962-2385, jiwanski@moen.com

Brief Description: We offer corporate fitness center internships to students majoring in exercise science, exercise physiology, kinesiology, etc. We offer a stipend to students whose career curriculum requires an internship. Skills you would learn/participate in: fitness assessments, group exercise instruction, incentive program design, health education presentations, exercise program design and interacting with members.

Life Center plus Health and Fitness Center

5133 Darrow Rd.

Hudson, OH 44236

Jan M. Rubins, 330-655-2377

Life Center Plus Health and Fitness Center includes activities for the whole family. Fitness evaluations, indoor track and lap pool, weight training and cardiovascular equipment, basketball, volleyball, and racquet ball courts, spinning and aerobics classes. The Center also provides Wellness activities including exercise programs for arthritic clients, cardiac rehabilitation, educational seminars and programs (i.g. Women's Health Month), dietitians, and Pre/Post Natal exercise programs.

Moen Wellness Center

25300 Almoen Dr.

North Olmsted, OH 44070

Jackie Iwanski, 440-962-2385

N.A.S.A. Glenn Fitness Center

21000 Brook park MS 320-1

Cleveland, OH 44135

Traci Morris, (216)433-6313

Research center located on 355 acres with over 100 buildings on campus. The fitness center is a 4,000 square foot corporate wellness center, with approximately 800 active members. The staff includes a full-time fitness director, 3 fitness specialists, physical therapist and aerobics instructors. Our facility offers a variety of programs for members including fitness assessments, group exercise class, incentive programming, ergonomic assessments, personalized exercise programs, physical therapy, and phase III cardiac rehab. We are a medically based facility, so there is a full medical clinic and dietician on base as well.

Nationwide Insurance Fitness Center

One Nationwide Plaza

1-UC-07

Columbus, OH 43215

Eric Unger, 614-249-0407