

Michigan Clinic Based Internships

Bay Health Cardiac Rehabilitation

Bay Medical Center West Campus
3190 Midland Rd.
Bay City, MI 48706
(517) 667-6640

Bi-County Hospital - Cardiopulmonary Services

13355 E. Ten Mile
Warren, MI 48089
Deidre Nolan, R.N., (810) 759-7400

Blodgett Memorial Medical Center - Cardiac Rehab

1840 Wealthy SE Rm. 1B52
Grand Rapids, MI 49506-2968
Steven Locke, BS, (616) 774-7936

Burns Clinic, Health and Fitness Center

600 Highlands Dr.
Harbor Springs, MI 49740
Jennifer Hastings, (616) 526-7773
Wellness/Fitness

Butterworth /Metropolitan Health Service

973 Ottawa, N.W.
Grand Rapids, MI 49503
Roy Zuidema, M.S., (616) 752-7740

Cardiology Associates of Birmingham

32270 Telegraph Rd.
Bingham Farms, MI 48025
Velvet Schiller, (248) 258-6849
Cardiac Rehabilitation

Crittention Hospital

1101 W. University Dr.
Rochester, MI 48309
Chandra Reddy, M.D., (248) 652-5259

Dynamic Rehabilitation Centers, Inc.

1740 W. Big Beaver
Troy, MI 48084
Terry Dibble, M.S., (234) 864-9232

Henry Ford Heart & Vascular Institute, Henry Ford Health Systems

6525 Second Ave.

Detroit MI 48202

Contact: Melissa Vanzant, 313-972-1919, mvanzant1@hfhs.org

Hands-on experience in cardiac rehabilitation and exercise stress testing, including cardiopulmonary exercise testing. Didactic education focuses on exercise physiology concepts and their application to patients with heart disease, as well as other chronic diseases.

Ingham Regional Medical Center/Thoracic and Cardiovascular Institute

Thoracic and Cardiovascular Institute Cardiac Rehab

405 W. Greenlawn

IRMC/Suite 105-B, Suite 220

Lansing, MI 48910

Laura J. Miller. (517) 483-8413

2815 S. Pennsylvania

Lansing, MI 48910

Jennifer George, (517) 483-8413

Lansing Community College

6500 Physical Fitness and Wellness

P.O. Box 40010

Lansing, MI 48901-7210

Lynn Savage, (517) 483-5286

Meadow Brook Health Enhancement Institute

Oakland University

Rochester, MI 48309

Fred Stransky. Ph.D., (248) 370-3198

Michigan Heart

5325 Elliott Dr. Ste. 202

Ypsilanti, MI 48197

Gary Grim, (734) 712-8012

Exercise testing, phase II and III cardiac rehab, pulmonary rehab, and various wellness programs/health fairs.

Mount Clemens General Hospital, Cardiology

1000 Harrington Blvd.

Mt. Clemens, MI 48043

Joie West, M.S., (810) 466-8144

Oakland General Hospital - Cardiac Rehab

27351 Dequindre

Madison Heights, MI 48071

Michael O'Neil, M.S., (248) 967-7003

Oakwood Hospital and Medical Center, Dearborn

22060 Beech

Dearborn, MI 48124

Jennifer Dykstra, M.S., (313) 561-6400, (313) 563-9239 (VM)

dykstraj@oakwood.org

Phase I, II and III rehab programs. We offer eleven different Phase II classes and five Phase III classes. We also house a Pulmonary Rehabilitation program. We offer weekly health-oriented lectures, support groups, and an onsite registered dietician.

Prevention Cardiology at MedSport

24 Frank Loyd Wright Drive-PO Box 363

Ann Arbor, MI 48106-0363

Nancy Tallio, M.A., (313) 998-8283

Spectrum Health- Preventative Cardiology and Rehabilitation

1840 Wealthy

Grand Rapids, MI 49506

Steve Locke, 616-774-7936

Spectrum Health offers a comprehensive internship experiences for individuals interested in pursuing a career in clinical exercise physiology and cardiac rehabilitation. The cardiovascular intern receives training through patient contact in: symptom limited graded exercise testing, cardiopulmonary exercise testing, nuclear, echo, and pharmacological stress procedures, noninvasive cardiology, inpatient and outpatient cardiac rehabilitation, and cardiac risk factor analysis and counseling. Students gain experience in secondary prevention of coronary artery disease through involvement in specialized clinics including: lipid management, CAD reversal, CHF and pre/post transplant support. Additional educational experiences include case studies, classroom lectures, observation of open heart surgery and catheterization lab studies, advanced ECG course and through research and special projects. Our goal for the prospective student is successful completion of the ACSM Specialist certification.

Spectrum Health Heart Reach Program

100 Michigan St. NE

Grand Rapids, MI 49503

Julie Walton, Ph.D., 616-391-3076

This is a program designed to promote Heart Health education in schools. This will help induce healthy life styles on youth. It is a community based program that performs heart disease screening, awareness and education programs, advocacy, and research in the community in order to prevent heart disease.

St. John Health System- Ochland Hospital

27351 Dequindre

Madison Heights, MI 48071

Mike O'Neil, (248)967-7003

St. John Health System- Ochland Hospital is a 261 bed facility specializing in Cardiology, Oncology, and Behavior Medicine. The Cardiac Rehabilitation program at St. John Health System- Ochland Hospital provides both Phase II and Phase III cardiac rehabilitation. In addition interns will obtain experience in exercise and pharmacological stress testing and

employee wellness. Also, a variety of clinical observations including coronary catheterization, angioplasty, bypass surgery, vascular studies etc., will be available to all interns. This will truly be an educational experience with a lot of hands on training.

St. Joseph Mercy Hospital

900 Woodward Ave.
Pontiac, MI 48341
Jerry Hessel, (248) 858-3597

St. Joseph Mercy Macomb, Healthier Image Services - Wellness/Fitness

43421 Garfield Rd. Ste. 203
Clinton Twp., MI 48038
Lorna Bender, (810) 263-2858

University of Michigan Health Systems - Cardiac Rehab

24 Frank Lloyd Wright Dr. P.O Box 363
Ann Arbor, MI 48106-0363
Melissa Dues, (734) 998-6000

University of Michigan Med Sport

24 Frank Lloyd Wright Dr. P.O. Box 1023
Ann Arbor MI 48106-1023
(313) 763-7400

William Beaumont Hospital-Clinical Internship

4949 Coolidge Hwy.
Royal Oak, MI 48073
Amy Fowler @ (248) 655-5750 or afowler@beaumont.edu

Our program consists of 4 months of training, primarily used for the review and practice of preventive cardiology, exercise physiology and electrocardiographic interpretation as well as the development of exercise leadership skills. Under direct supervision, interns will be involved in hands-on experience with exercise prescription, patient consultations, risk factor management and supervision of graded exercise testing (with and without the use of concomitant myocardial perfusion imaging). Interns will also observe a variety of cardiac tests and procedures including CABG, PTCA and electrophysiologic studies. Special projects such as: case studies, a patient newsletter article and an ECG interpretation packet are adjuncts to weekly lectures and monthly exams. A current resume, school transcripts and two letters of recommendation (one from the academic advisor) are required before each candidate is contacted for an interview.

MICHIGAN Non-Clinic Based Internships

Allen Neighborhood Center

1619 Kalamazoo St.
Lansing, MI 48912
Joan Nelson, (517) 485-7630
ancjoan@sbcglobal.net

American Axle

1840 Holbrok
Detroit, MI 48212
John Groth, B.S., (313) 664-4080

BMH Center for Health and Fitness

Eric Kendall (440) 988-6815
Chrysler CTC Health Activity Center
800 Chrysler Dr.
Auburn Hills, MI 48326
Andrea Martinec, (248) 576-0727

Cleveland Indians

Cleveland Indians Baseball Company
2401 Ontario Street
Cleveland, OH 44115

Compuware Corporation Wellness Center

Faye Voorman, (248) 737-7300
31440 Northwestern Hwy.
Farmington Hills, MI 48334-2564

Curves for Women

Perry and Laingsburg locations:
Sue Lenhardt: 517-651-7891
DeWitt, East Lansing, and Okemos locations:
Bianca Glendening: curvesmichigan@hotmail.com

Detroit Diesel Corporation

J. Deniese Lee- Program coordinator, (313)592-5892
DDC-UAW Fitness Center
13400 Outer Drive West
Detroit , MI 48239-4001

A unique opportunity for interns to learn and develop skills involved with the operations of a fitness center and to be a part of a vastly developing wellness program. The Fitness Center was constructed for employee fitness and health monitoring. The 18,000 -sq. ft. center includes an aerobics room, free weights, weight machines, jogging track, and a variety of cardiovascular fitness equipment. The staff provides employee fitness assessments, individual exercise programs, nutrition information, weight control, smoking cessation, cholesterol screening, high risk intervention, ergonomics, and injury rehabilitation. As an intern you will be exposed to a various aspects of health promotion.

DaimlerChrysler Corporation

Health Activity Center, CIMS 481-02-10
800 Chrysler Drive East
Auburn Hills, MI 48326-2757
Kristyn Kurka, Internship Coordinator
(248) 576-2522

DaimlerChrysler Headquarters

CIMS: 481-02-10
800 Chrysler Drive
Auburn Hills, MI 48326
Debbie Brandt, StayWell Program Manager
(248) 576-4319

Domino's Farms Fitness Center

24 Frank Lloyd Wright Dr.
Ann Arbor, MI 48106
Aaron C. Pintar, (734) 930-3390

Dow Chemical Company - Corporate Fitness

Dena Hofer, (517) 636-5703
607 Building
Midland, MI 48667

Fitness Success

Susan Tait, M.S., (313) 747-9013
209 S. Ashley
Ann Arbor, MI 48104

Ford Motor Company

Ernest Lofton Fitness Center
3001 Miller Road
Dearborn, MI 48121
Jennifer Evans, (313) 594-7959

Franklin Fitness & Raquet Club

Marcia Ditmyer, M.A., M.S., (248) 352-8000
29350 Northwestern Hwy.
Southfield, MI 48034

Genesys Athletic Club

801 Health Park Blvd.
Grand Blanc, MI
Jen Colombo, 810-606-7526

GM Pontiac Centerpoint Campus Fitness Center

2000 Center Point Parkway
Pontiac, MI 48341
Casey Kohout, (248) 753-0169
casey.kohout@gm.com

Grand Valley State University

D001 Fieldhouse
1 Campus Drive
Grand Valley State University
Allendale, MI 49401-9403
Laura Kennett, MS, ATC, CSCS
Associate Director of Health, Recreation, and Wellness
(616) 895-3659
kennettl@gvsu.edu

Health Fitness Corporation

800 Chrysler Drive
Auburn Hills, MI 48326-2757
Kristen Kurka, (248)576-2522
Internship position in corporate fitness center at a major technology center.
Interns receive training and experience in facility supervision, computer use, fitness testing, exercise prescription, program orientations, incentive program development, general administration, and exercise class instruction.
scuderia@corporate.ge.com

Healthwise University

Ingham Regional Healthcare Foundation
401 W. Greenlawn Ave.
A 412 Stanley Wing
Lansing, MI 48910
John Zubek, Community Education Coordinator
517-367-5163
ZubekJ@irmcmail.irmc.org

HGB Health

123 Lansing St.
Charlotte, MI 48813
Dawn Rodman
Wellness Director, (517) 543-9575
drodman@hgbhealth.com
NOTE: Internship duration is 6 months at this site.

Hurley Health & Fitness Center

Michael McCallister, (810) 235-8544
4500 S. Saginaw Street
Flint, MI 48507

Johnson and Johnson Health Care Systems, Inc.

GM Powertrain Group, M/C 481-700-420
Ypsilanti, MI 48197-0935
Rebecca Baker, (734) 481-0523
rbaker3@hcsus.jnj.com

Johnson and Johnson Health Care Systems, Inc.

UAW-Ford Health and Fitness Center
Dearborn, MI
(313) 323-1852

JRV Sports Management

13333 Telegraph Rd.
Taylor, MI 48180
Marie Taylor, (734) 374-5888
mtaylor@jrvmanagement.com

Lifetime Fitness

Rich Beaubien
(586) 532-1300, ext. 328
rbeaubien@lifetimefitness.com

M Fit

2850 S. Industrial Blvd.
Suite 600
Ann Arbor, MI 48104-6773
(734) 975-4463, ext. 262

Meadow Brook Health Enhancement Institute

Fred Stransky, Ph.D., (248) 370-3198
Oakland University
Rochester, MI 48309

Michigan Athletic Club

Christopher Johnson, M.A., (517) 337-0002
2900 Hannah Blvd.
East Lansing, MI 48043

Michigan State University

Women's Tennis Coach
Tim Bauer, MS
Timbauer88@hotmail.com

Motorola Wellness Center

1301 East Algonquin Road, IL02-SH1
Schaumburg, IL 90196
Kiersten Pagani, (847) 576-2348
NOTE: There are many Motorola Wellness Center sites nationally, contact Ms. Pagani for details.

MSU Strength and Conditioning Dept.

Tim Wakeham, (517) 432-2647
wakeham@msu.edu

National Baseball Hall of Fame and Museum

Pgulotta@baseballhalloffame.org
Patricia E. Gulota
Director, Human Resources (607)547-0207

Optimax Human Performance Institute

Danny Sarr, Ph.D., (248) 853-2377
1955 W. Hamlin Road
Rochester Hills, MI 48309

Prescription Fitness - Wellness/Fitness

Tim Curtis, M.S., (248) 674-8855
5210 Highland Rd.
Waterford, MI 48327

Prescription Fitness

Wayne Hollander, M.S., (248) 814-0500
1405 S. Lapeer Road
Lake Orion, MI 48360

SPO Fitness Center, General Motors

6200 Grand Point Dr.
P.O. Box 6020
Mail Code 484394028
Grand Blanc, MI 48439
Sara Recker, (810) 606-2348

StayWell Health Management Systems, Inc.

variety of locations, including: Auburn Hills, Chelsea, Detroit, and Sterling Heights
(313) 493-4769

TAP Pharmaceutical Products, Inc.

Fitness Center
675 North Field Dr.
Lake Forest, IL 60045
Nikka Nohl, (847) 582-6520
Nikka.Nohl@TAP.com

The Industrial Athlete

Michigan Truck Plant Fitness Center
Kelly Stankov
Assistant Director 734-467-0552
734-467-9420 fax
kstankov@ford.com

Total Fitness Concepts, Inc.

Tracy Marcetti, (313) 458-0588
4700 Westwind
Dexter, MI 48130

Tropical Sun Fitness L.L.C

105 W Main Street
Westphalia, Mi 48894
Vicki Noeker

Underwriters Laboratories, Inc.

Health and Fitness Center
333 Pfingsten Rd.
Northbrook, IL 60062
Ingrid E. Larsen
Program Manager, (847) 664-3834
ingrid.larsen@us.ul.com

University Club Fitness Center

Patrick Sustrich, (517) 353-5113
sustrich@yahoo.com

U.S. Olympic Education Center

Northern Michigan University
Meyland Hall
Marquette, MI 49855-5330
Vinny Cominskey

Wixom Assembly Plant

Ford Motor Company
28801 Wixom Rd.
Wixom, MI 48393
Michael Toyegas, (248) 344-5671

Woodhaven Fitness Center

Ford Motor Company
20900 West Road
Woodhaven, MI 48193
Peggy Manchester, (734) 671-7435