

## **Indiana Clinic Based Internships**

### **Community Hospital**

901 MacArthur  
Munster, IN 46321  
Elaine Martinez, (219) 836-4526

## **INDIANA Non-Clinic Based Internships**

### **American College of Sports Medicine**

Certification and Registry Department  
401 W. Michigan St., Indianapolis, IN  
Cathy D. Stewart, (317) 637-9200 x12, [cdstewart@acsm.org](mailto:cdstewart@acsm.org)  
ACSM National Office Certification and Registry Department is pleased to announce an internship program for college students. This program includes opportunities in the business management, clerical, sports administration, promotions/marketing, communication, and health science career fields; <http://www.acsm.org/certification/index.htm#internship>

### **Hammond Clinic LLC**

7905 Calumet Avenue  
Munster, IN 46321  
Michele Nisle, (219) 647-4498, [mnisle@nisource.com](mailto:mnisle@nisource.com)  
Experience gained in Worksite Health Promotion/Wellness/Fitness concentrating on: wellness profiles, blood profile programs, impact-risk reduction education, medical self care, nutrition/fitness/ wellness incentive programs.

### **L&T Health and Fitness**

7309 Arlington Boulevard, Suite 202, Falls Church, VA 22042  
Jackie Iwanski, (440) 962-2385, [jiwanski@moen.com](mailto:jiwanski@moen.com)  
We offer corporate fitness center internships to students majoring in exercise science, exercise physiology, kinesiology, etc. We offer a stipend to students whose career curriculum requires an internship. Skills you would learn/participate in: fitness assessments, group exercise instruction, incentive program design, health education presentations, exercise program design and interacting with members.

### **The National Institute for Fitness & Sport (NIFS)**

250 N. University Blvd.  
Indianapolis, IN 46202  
Heather Hedrick, (317) 274-3432, [www.nifs.org](http://www.nifs.org)  
Created as a not-for-profit organization to promote active and healthy lifestyle, the mission of NIFS is to enhance the health and physical fitness and athletic performance for people of all ages and abilities. Students may focus their training in one of the following areas: corporate fitness management, athletic performance development, educational services, marketing, fitness center, group fitness instructor, and health and fitness services.

**Total Fitness Center/Purdue University Calumet**

2300 173<sup>rd</sup> Street

Hammond, IN 46323

John Bobalik, (219) 989-2175, [stills@calumet.purdue.edu](mailto:stills@calumet.purdue.edu)

Interns will gain experience in exercise testing and prescription, exercise leadership and instruction, supervision of exercise activities, blood pressure screenings and heart rate monitoring, and maintaining fitness data for participants. Interns will also have the opportunity to learn computer software skills, fitness equipment maintenance, facility management, staff scheduling, budget and finance, as well as marketing, and selling of program.